Clean your infant’s gums regularly with a damp cloth

Infants can teeth between four and six months. Their gums may become swollen and irritated, cold temperatures can ease the discomfort. Try chilling their teething ring in the fridge.

When teeth start to come in, brush them twice a day with a soft, small toothbrush and plain water. Consult with a doctor or dentist before using fluoride toothpaste.

Dental decay is an infectious transmissible disease. To avoid transmitting any disease, be sure to refrain from sharing utensils, testing a bottle temperature with your mouth, or cleaning a pacifier with your mouth.

Minnesota Oral Health Coalition