

# MEET YOUR MOUTH

## IT'S PART OF YOUR BODY



## Your Mouth and Your Newborn

Clean your infant's gums regularly with a damp cloth

Infants can teeth between four and six months. Their gums may become swollen and irritated, cold temperatures can ease the discomfort. Try a chilling their teething ring in the fridge.

When teeth start to come in, brush them twice a day with a soft, small toothbrush and plain water. Consult with a doctor or dentist before using fluoride toothpaste.

Dental decay is an infectious transmissible disease. To avoid transmitting any disease, be sure to refrain from sharing utensils, testing a bottle temperature with your mouth, or cleaning a pacifier with your mouth.

More Information

