Your Mouth and Heart Disease

Gum disease, or Peridontitis, can increase your risk of developing heart disease.

Bacterial infections entering the bloodstream can affect the heart valves. It is less about the bacteria and more about your body’s immune response to bacterial infections. The inflammation can cause vascular damage.

There is no direct connection between gum and heart disease. It is likely that another factor, like smoking, that puts someone at risk for both conditions.

Some medications used to treat high blood pressure or heart disease can cause dry mouth. This can lessen your saliva production, which is vital for keeping your mouth clean.

Give your dentist a list of any medications you are on. This will help them tailor your treatment plan in the event you have side effects that affect your oral health.

More Information