

October 1, 2017 changes to Minnesota Child and Teen Checkups (C&TC) Schedule of Age-Related Screening Standards

The Minnesota C&TC periodicity schedule requirements will be updated as of October 1, 2017. The C&TC schedule changes are based on the updated [2017 version of Bright Futures](#) from the American Academy of Pediatrics, along with changes in [US Preventive Services Task Force](#) pediatric recommendations, [MN Community Measurement](#) guidelines, and the most recent Minnesota-specific health data for the C&TC population.

Many clinics are already doing some of these proposed screening changes as a result of health system/clinic priorities. Key changes include:

- Adding C&TC visits at age 30 months, and annual visits for children and teens between the ages of 6 to 20 years of age;
- Requiring fluoride varnish application beginning at the eruption of first tooth, every 3-6 months at the primary care clinic or dental office through age 5 years;
- Requiring standardized depression or mental health screening annually between ages 12-17 years of age;
- Requiring HIV testing for all youth at least one time between ages 15 and 18 years and risk assessment for HIV testing followed by appropriate action for youth ages 11-14 years and 19-20 year olds;
- Adding near vision screening (plus lens) beginning at 5 years to the standard visual acuity screening (which starts at 3 years)
- Adding high frequency hearing loss screening at 11 years and older to the standard hearing screening (which starts at 3-4 years);
- Clarifying dyslipidemia risk assessment followed by appropriate action for ages 24 months, 4 years, 6 years and for ages 8 through 20 years;
- Including social determinants of health in the health history;
- Continued emphasis on social-emotional or mental health screening, developmental, and autism screening recommended for infants and toddlers.

Additionally, staff from Minnesota Department of Health and Minnesota Department of Human Services are preparing updated clinical guidance [C&TC Fact Sheets](#) for primary care providers, and new parent fact sheets for implementing these changes.

Work is underway for the completion of the revised DHS-3379, MN C&TC Periodicity Schedule document. The new schedule should be posted on the DHS website later in August or early September.

The printed version of the revised **Minnesota Child and Teen Checkups (C&TC) Schedule of Age-Related Screening Standards, C&TC Periodicity Schedule (DHS-3379)** will be available for order this Fall.

Updates to the [C&TC section of the MHCP Provider Manual](#) related to these revisions are also underway and should be completed by late August or early September.

For questions on C&TC policy or coding/billing, contact dhs.childteencheckups@state.mn.us.

For training and other clinical resources and technical assistance, contact health.childteencheckups@state.mn.us.

For future DHS communications regarding the Minnesota Child and Teen Checkups (C&TC) schedule of Age-Related Screening Standards and related policy, refer to the MHCP biweekly [Provider News](#) posted on the DHS website. Providers can sign up to receive the Provider News by email.